

SPOTLIGHT ON ECK FAMILIES

"I Told You Guys!"

By SHERVIN BAYAT, Arlington, Virginia

As ECK parents we raise our children knowing that they can call on the Mahanta for help.

I was at a coffee shop when I received a text from my wife. It said "Emergency. Call now."

When I called, she told me that our daughter, Maya, fell at the playground. There was a big bump on her foot, and a bone might be broken. I rushed home, and we were off to the emergency room.

Maya was in a lot of pain and really scared. She seemed to get worse every minute. While we were waiting in the emergency room, I told Maya she could ask for help from the Mahanta

to get through this, if she wanted. She closed her eyes and sang *HU* a few times, then went into

I TOLD MAYA SHE
COULD ASK THE
MAHANTA FOR HELP.

contemplation. When she opened her eyes, she told me she saw the Mahanta and a unicorn right beside him. The Master assured her that everything would be OK.

She was still in pain but now felt that everything would be all right. She even reminded us a couple of times that she would be OK. The doctor finally told us that all was well. Just a bad bruise; no fractured bones.

Maya looked at me and her mom with confidence and said, "I told you guys that the Mahanta told me everything is going to be all right!"

It was so important for us as parents to see that the Mahanta worked with Maya in his own ways to assure her.

The Mahanta is here for us *always!*



PARENTS CAN ASK!

To all ECK parents:

Sri Harold Klemp invites you to send him your questions!

What would you like to ask about raising your children in ECK?

Send your questions by mail (Att: *Mystic World*, "Q&As for Parents") or email them to mw@eckankar.org.

Mary Beltr



Tips from Sri Harold

The Mahanta Flower

Q: Are there active ways for children to do the spiritual exercises?

A: For younger children, say, "Shut your eyes a minute. Imagine there's a piece of white paper in front of you and all the colors you need are beside it.

"Draw a big flower. Done? OK, now draw a happy face on it. That's the Mahanta. Listen, did

he tell you something special?"

Whatever spiritual exercise you create, be sure that it lets the child be an actor in it. The child

must have the lead role in the theater of his spiritual exercise.

The ECK teachings, you see, help people on their own path home to God. So each person is the star in his own world.

"LISTEN, DID HE TELL YOU
SOMETHING SPECIAL?"

Adapted from Youth Ask a Modern Prophet about Life, Love, and God.

Excerpt from the December 2017 *Mystic World*

December 2017