

# SPOTLIGHT ON ECK FAMILIES

## Dreams for My Daughter

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Martha Cole

I grew up in an ECK family myself, so many of the dreams I have for my daughter stem from my own experiences. My family was guided by love and focused on spiritual growth. This has given

me strength, unconditional love, and the trust that we will make it through our challenges together. I dream that she will have a similar experience.

I am eternally grateful to have been part of an openhearted ECK community. Many of the friends I made growing up, younger and older, have become family to me. This community is one of the greatest gifts I can offer my daughter. She is surrounded by those who love her and can sup-

port her on her journey. I look forward to seeing who she chooses to include in her extended family.

I dream for her to rely on the Mahanta and the pillars of ECK for guidance, and to give her strength at all times. She sings *HU* with me now, and as she grows I would love for her to recognize the benefits of singing *HU* and doing her spiritual exercises on her own. Also, I hope she will embrace cornerstones of understanding such as karma and reincarnation, how to protect herself, how to act with vairag, and how to walk the path of spiritual freedom.

I know she came into this life ready to jump into spiritual growth. I dream that she will find strength in this and be a beacon of love on this planet.

I DREAM  
SHE WILL BE A  
BEACON OF LOVE  
ON THIS  
PLANET.



## Tips from Sri Harold

### Who Made God?

**Q:** *How do you reply to a youngster who asks, "Who made God?"*

**A:** "Go outside and play!"

If that doesn't work, you're in for it.

Young children often ask the most perplexing questions. In desperation I've resorted to, "Because!"

Because some things have no rational answer. And certainly, those matters that originate beyond the reach of man's pygmy mind, a denizen of the Mental Plane, a world below the true spiritual worlds, well—

There is no answer.

So how do you answer a child? Or an agnostic or atheist? The origin of God is beyond human understanding. SUGMAD just IS.

The only possible way to pass on even a shred

**"GO OUTSIDE  
AND PLAY!"**

of one's confidence in life in spite of not knowing the origin of our Creator is to do it via a bond of love. A child will pick up on a parent's love and respect for (1) the child, (2) other people, (3) animals, (4) plants, and (5) yes, even material goods that make life easier and more fulfilling. Love and respect for life and the things of life.

And, the child also learns by example and teaching that too much of a thing may be harmful. A wise parent demonstrates the way of moderation.

The existence of God, to a believer, is a matter of demonstration: the flower, the ant, the tree, sun, stars, water, air, etc. But the origin of God?

Your most honest answer is, "We don't know. We just know that God is love. Love has no beginning or end, and so neither does God."

Then kiss and hug your child and say, "God loves us, and I love you." It's the best answer of all.

*Adapted from A Modern Prophet Answers Your Key Questions about Life, Book 2.*

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