

SPOTLIGHT ON ECK FAMILIES

Singing HU Right from the Start

By KAY and TAMMY WIS-WOLO, Abuja, Nigeria

Becoming parents has brought unimaginable joy into our lives. And being parents in ECK adds a little extra sunshine to the already beautiful experience. One of the many experiences of love we've been gifted with took place during our family HU song.



Caesar Ali

As an ECK family, we do our spiritual exercises together. During our HU songs, our baby daughter, Zara, would often drift off to sleep or simply remain quiet and gaze at us. We found the HU song to be quite calming for her.

Early one morning, when she was about three months old, we heard her humming the HU. At the time, we thought it was just a sweet, one-off occurrence. It definitely wasn't! Since then, she hasn't stopped hum-singing the HU anytime she hears it. During family HU songs, at ECK Light and Sound Services, when we play MP3 recordings of the HU—whatever, wherever, however—our little bundle of joy sings along. It warms our hearts every time.

**HU IS SOUL'S
MOST PRECIOUS
GIFT FROM
GOD.**

—Sri Harold Klemp,
The Sound of Soul

**WHAT BLESSINGS
HAS HU BROUGHT
TO YOUR FAMILY?**

Sri Harold Answers!

HU and Harmony in the Family

Q: *I was born into an ECK family and married a Catholic man. We've agreed to each raise our kids in our own separate spiritual teaching until they reach their majority at age eighteen. Then they may choose the path they wish to pursue.*

I sing HU with them every night, but they don't always sing. Most of the time they just listen. Do I have to "force" them to sing? How can I explain to them why it's important to sing HU and how to see or feel the Master's presence?

There's another problem. Due to a difficult relationship between my husband and my mom, he doesn't want my mom to sing the HU with our kids. That bothers me a lot, and I don't know what to do.

I try to keep our family in harmony, but the tension between him and my mom makes things very difficult sometimes. Thank you.

—Nicoletta

A: Dear Nicoletta,

To keep harmony in the family, tell your mom you need to respect your husband's wish that she not sing HU with the kids.

Tell your kids that HU is a name for God they can sing whenever they're afraid or in trouble, and also when they're so full of love they can hardly stand it.

Making them sing HU would likely turn them against the HU. Invite them to sing along with you. They may or may not, and that's all right too.

When they reach their majority, be ready to accept their choice of a spiritual path, because it may be neither ECKANKAR nor Catholicism. Love them whatever they choose.



HU

**INVITE THEM
TO SING ALONG
WITH YOU.**

www.ECKparents.org

Excerpt from the March 2020 *Mystic World*

March 2020