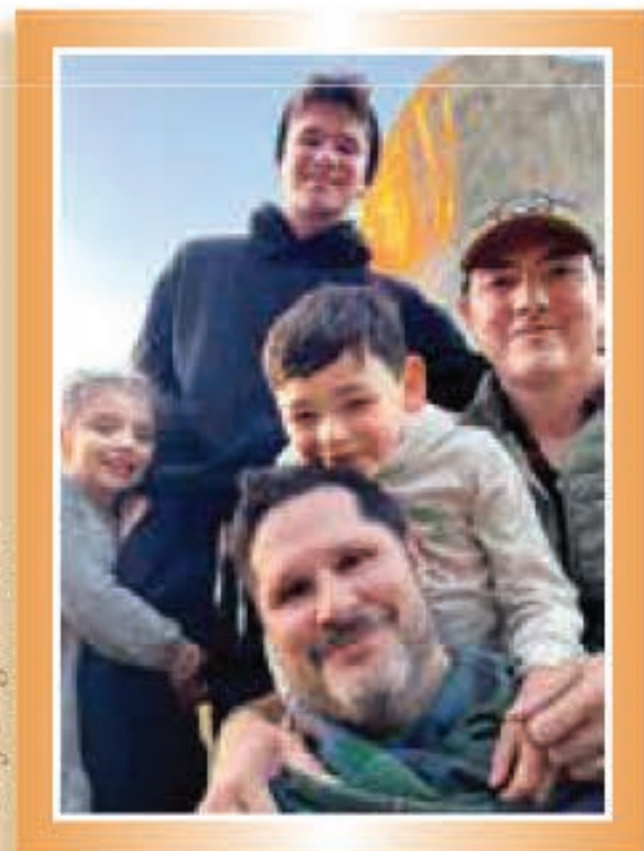


SPOTLIGHT ON ECK FAMILIES

SHARING THE ECK ADVENTURE *with* OUR CHILDREN

By CORY FRAGOSO-GRAM, Arizona



Cory Fragoso-gram

We love discovering ways to share the ECK teachings and the spiritual adventure of life with our three children.

I made up a simple lullaby, which I sing to them at night. It provides a spiritual springboard for them to go into the dream state.

SUGMAD, SUGMAD,

You make all things new

Blue Star, lead, and I will follow

HU, Wah Z

Then, each morning, we talk with them about their dreams, including both nightly dreams they have while asleep and waking dreams they have in daily life.

I also took the youth Arahata training so I could lead a monthly youth Satsang class for our state. We have fun coloring and drawing pictures from their discourse and talking about our spiritual experiences.

We also take our children on outings with other ECK youth in the region. Recently, we visited the Butterfly Wonderland and OdySea Aquarium. This was a fun opportunity to spend time and deepen their friendships with other children who are also students of the MAHANTA.

Now we are looking forward to another adventure as we prepare our fourteen-year-old son for his ECK Rite of Passage!



Today we are setting the example for how the teachings of ECK will be taught in the future, how our children will teach their children.

—Sri Harold Klemp,
How the Inner Master Works, p. 22



Sri Harold Answers!

MEETING THE SPIRITUAL NEEDS OF MY NEURODIVERGENT CHILD

Q: My child is neurodivergent and often feels overwhelmed at Satsang classes and seminars. She wants to come to the events, but during them she often gets dysregulated: leaning on me, crying, moving around a lot, and lying on the floor. How can I help her deal with these feelings so she can better receive the teachings?

—Finding My Way

A: Dear Finding My Way,

This is a past-life condition that you and your daughter must work through. It will take time,

but it can be done.

To her credit, she wants to attend ECK events, even though she often upsets the equanimity of others. Work with a psychiatrist. The doctor is trained to address troubling issues such as your daughter's.

Sing HU with your daughter, and let her ask the MAHANTA for help in healing her condition.

Harold



New articles and Q&As from the Master! Visit ECKparents.org > Resources > Parenting Q&As.

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