

SPOTLIGHT ON ECK FAMILIES

Learning Service of the Heart

By CRARY BROUHARD, Chaska, Minnesota

As soon as I became a parent, I was serving the ECK 24-7 by raising my children.

However, I missed the outflow of giving service in my local community.

So I made it a goal to find ways to serve the ECK with my kids by my side. I wanted to

provide them with opportunities to grow up experiencing life through service.

One way we've done this almost every year since my son, Cammann, was born, is by getting together with friends and creating Valentine's Day cards for the local children's hospital.

Cammann absolutely loves using his creativity and making the cards for other children.

And I absolutely love watching his joy as he carries the bagful of cards through the hospital and delivers them to the donation desk. We can't hand deliver them to each



Crary Brouhard

child, due to their illness, but my son and I get to share in giving a gift without expecting anything in return.

We experience so much love and joy in this gift that it has become a family tradition.

P.S. Cammann recently had to spend two hours in a hospital emergency room waiting to get some stitches. He agreed it would have been nice if he had gotten a card. 😊

FUTURE SPOTLIGHT

Does your family talk about dreams? **Want to share** your tips or experiences? **Great!** Send them to mw@eckankar.org.



Tips from Sri Harold

Teens and Young Love

Parents have to remember that they themselves were teenagers. They too went through that confused, muddled state of puppy love. They survived. Children are merely going through the same stages on the way to adulthood.

My daughter had announced that she thought fourteen was old enough to start dating. "Last year we used to talk about grades and studies," I reminded her. "Do you realize how seldom we ever talk about that anymore?"

"But, Dad, these days everybody goes on dates in their first year of high school," she had informed me. What she meant was, As opposed

to when you went, ancient one.

Sometimes the greatest love a parent can show a child is just to listen. Often this can be difficult. As the adult who has been through something, you can see further into the future than your child can. You can see a lot of heartache ahead as your child takes uncertain steps toward trying to find human love. Yet, human love is one of the first steps to divine love.

I tried to see the ECK in expression in my daughter as she went through that learning process. After all, children are young only in the physical body. As Soul, they have been here many times, going through the changes from childhood to adulthood even as you and I have.

**"BUT, DAD, THESE
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GOES ON DATES."**

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