

SPOTLIGHT ON ECK FAMILIES

“Your day is a mad gallop from the moment you roll out of bed in the morning until you find it again come night. Where is there time to serve? Run, run, run, run.

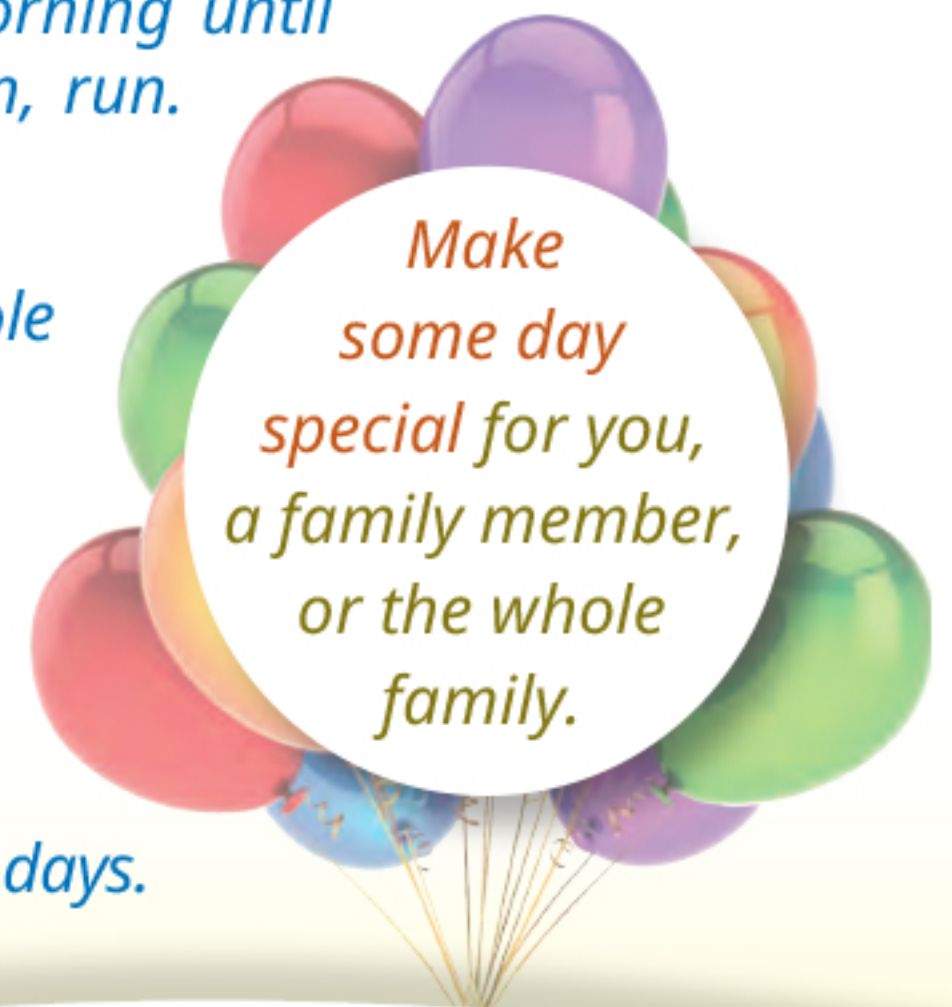
Service starts at home.

At the very least, make some day special for you, a family member, or the whole family. Celebrate a special day, like a birthday, an anniversary, or a just-because day. Make plans. Do something new or some favorite seldom-time-for activity like going to a movie, an ice-cream shop, or maybe for a walk in the park.

Hey, wait a minute! How are these things spiritual service?

If such things can reawaken you to the sheer joy of being alive—wonderfully, vibrantly, gratefully alive—then they are spiritual. Plan for more like moments and days.

—Sri Harold Klemp,
The Living Word, Book 4, p. 144



QUOTE OF THE DAY

By JADE PERRY, North Carolina, USA



This simple and funny act reminded me of the love we have for one another, but also of the love God has for us. Our daily morning HU has become part of our routine. It is one of the ways in which we bond with one another. It's a way we share love.



Most mornings on the way to school, it is our nine-year-old daughter Saniya's responsibility to read the "Quote of the Day" from the ECKANKAR website before we sing HU.



One morning, she was eating breakfast on our daily drive, so I began to read the quote. Saniya interrupted me and said, "Hey, that's my responsibility!" I replied, "Well, you were eating. So I was trying to help you out." She responded, "It's not like I'm eating a croissant. I can still read it." I handed her the phone so she could read the quote before we sang HU.

Saniya prevented me from having to try to read from the phone while driving. And we got our Soul nourishment for the day together. Her reaction was also a sign of her growing maturity and the joy she receives in helping another Soul.

Her response was like, Hey, Mom, don't take my happiness, responsibility, and opportunity to work with and assist you away. I enjoy it. Let me be of service too!

interrupted me and said, "Hey, that's my responsibility!" I replied, "Well, you were eating. So I was trying to help you out." She responded, "It's not like I'm eating a croissant. I can still read it." I handed her the phone so she could read the quote before we sang HU.



New articles and Q&As from the Master on the adventures of ECK parenting are waiting for you! Articles at ECKparents.org; Q&As at ECKparents.org > Resources > Ask the Master.

Excerpt from the September 2021 *Mystic World*

September 2021