SPOTLIGHT ON ECK FAMILIES

A Spiritual Advantage

By GREGG HAMMOND, California, USA

ur daughter, Deanna, is eight, and some of her spiritual experiences with the Light and Sound are quite remarkable. She studies her discourse with her mom on a regular basis, and we discuss our dreams together as a family in a relaxed way over breakfast.

When Deanna was six, she attended an ECK

youth Satsang class on Zoom,

in which the children were invited to write a letter to the Master. She was inspired to

make a drawing instead. When she finished the drawing, she showed it to her mom and said, "Look,

Mom, the spiral of life!" She

explained that it was a drawing of how Soul is born into a body, lives Its life, translates, and is reborn, again and again, in a never-ending spiral. Between each life, she drew a heart (to represent love), the Mahanta star, and the 🗱 symbol.

We were truly impressed that a six-year-old could comprehend such a deep spiritual concept and express \frac{1}{2} it through artwork.

We have always encouraged Deanna

to engage in creative drawing, coloring, making crafts, and singing and dancing. Her mom has read to her every day of her life, and she now likes to create and illustrate her own little books! Perhaps because her time spent with electronic devices is very limited, she seems able to focus and concentrate for unusually long periods of time by today's standards. How do Since this is so valuable when you express applied to the Spiritual Exercises ECK creativity in

of ECK, we believe it has given your family? her a definite advantage spiritually!

Our daughter's creation was one of countless examples of what makes us grateful for the ECK teachings. ECKANKAR's impact on our family, inwardly and outwardly, is profound and cherished.



Sri Harold Answers! Communicating Respect

2: I am having difficulty raising my son. When he came to the States from Cameroon, he was doing well until one of his teachers told him he can do what he wants. Since then, he has no respect for his parents nor any other family member.

He is just ten, and with this type of behavior, I do not think it is going to work out well for him as a black boy in America.

-Wondering Mama, USA

A: Dear Wondering Mama,

Ask for a meeting with the principal and your son's teacher. Explain how the teacher's advice has resulted in your son's lack of respect for his family. He's been steered down the wrong path.



ECKparents.org

Using kid gloves with your son because he is black is simply wrong.

His future is on the line. If this teacher won't back off from the illadvised guidance, it may mean asking for a different teacher or going to another school.

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