

# Share Your Experience of God's Love

1. Want to share an ECK experience? Circle the experiences you have had. Star any you would like to have!
2. Ask the MAHANTA to light up one of your experiences to write about.
3. Write down the beginning, middle, and end (don't worry about spelling or grammar).
4. Add what you learned from this experience about yourself, your relationship with the MAHANTA, or the ECK teachings.
5. Send your experience to the *Letter of Light* to share it with other ECK youth around the world!



An experience of myself as Soul

A dream that helped me



A past-life memory

Soul Travel or using my divine imagination



Receiving inner guidance

An experience with an ECK Master

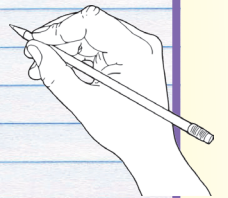


Receiving help after doing a spiritual exercise

Help from the ECK to solve a problem



Seeing the Light or hearing the Sound on the inner



Email your story to: [letter\\_of\\_light@eckankar.org](mailto:letter_of_light@eckankar.org).